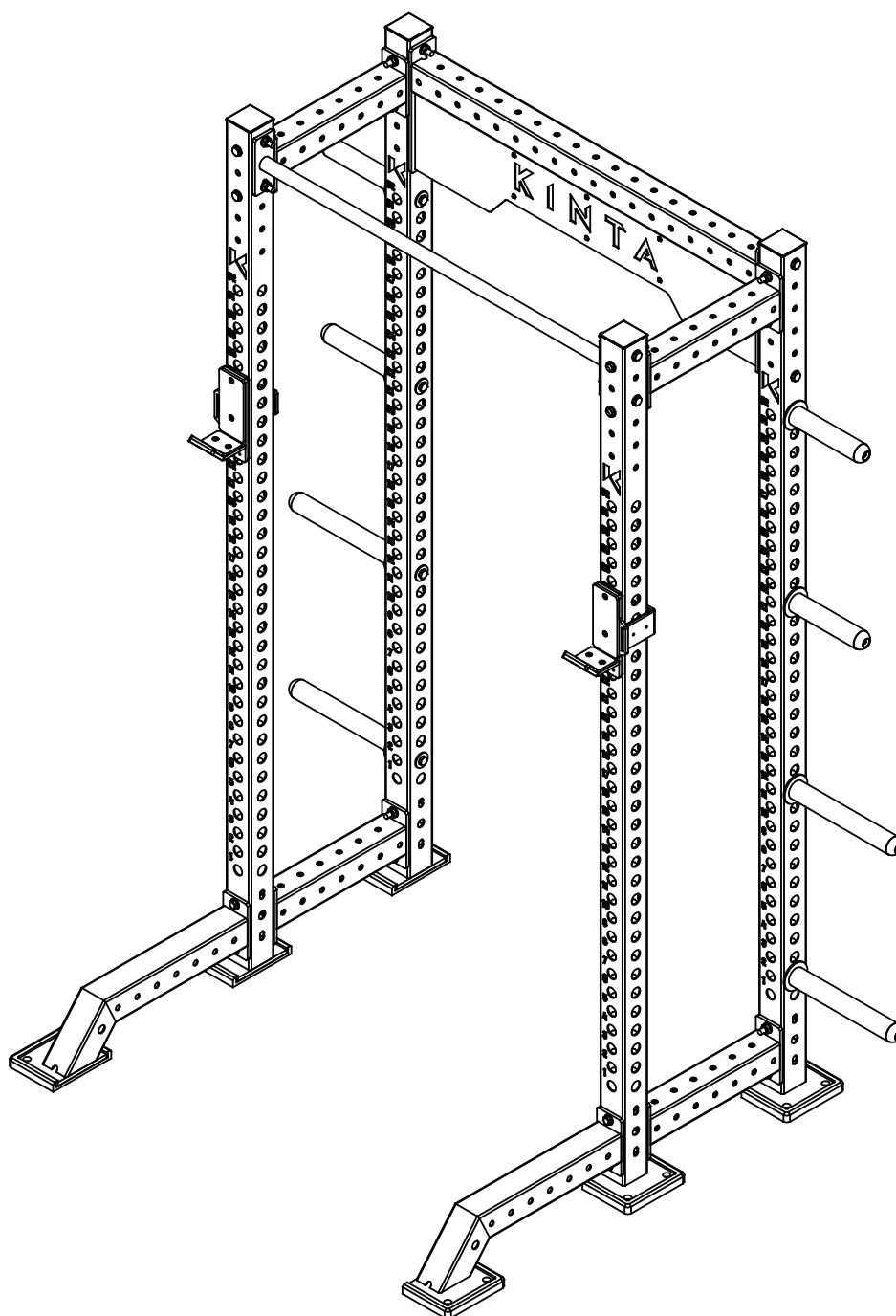


KINTA®

K75 Half Power Rack



! CAUTION
Read all precautions
and instructions in this
manual before using this equipment

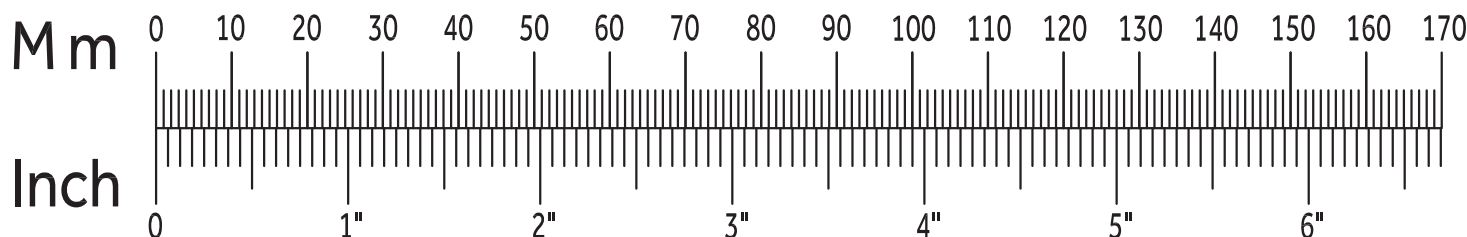
Content

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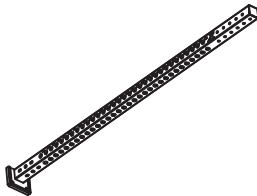
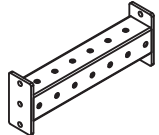
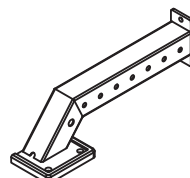
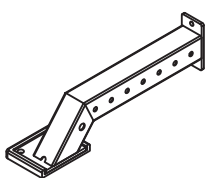
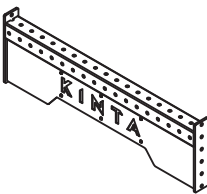
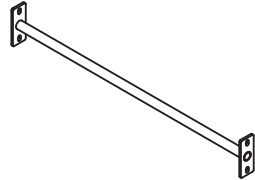
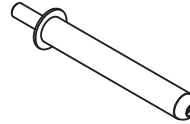
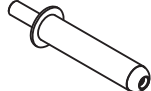
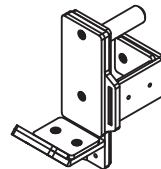
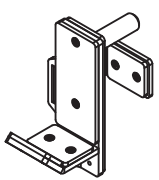
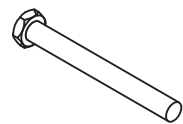
※※※Please read operation manual carefully※※※

1. Please keep the box and the manual after installing the machine.
2. Check the stability of the bolts regularly.
3. Please install the machine in a commodious place.
4. Put the machine on the level ground, and use a mat to protect the floor.
5. Please consult to your doctor, physician before using any exercise equipments.
6. There are slip proof cover on the nut (little nylon circle on the nut); please tighten them with wrench.
7. Please tighten the screws; otherwise it might be dangerous to use.
8. Please do not alter the machine in any way it might be dangerous to change and mend the machine.
9. Store in the place where is away from moisture, salt (near Pool) high temperature and under sun.
10. For maintenance and cleaning exercise machines Please clean the dirt with detergent scour, using dry rag and clean water (do not use gas, dilution and other chemicals).
11. Do not put your hands in the moving part of the machine when you are doing exercise.

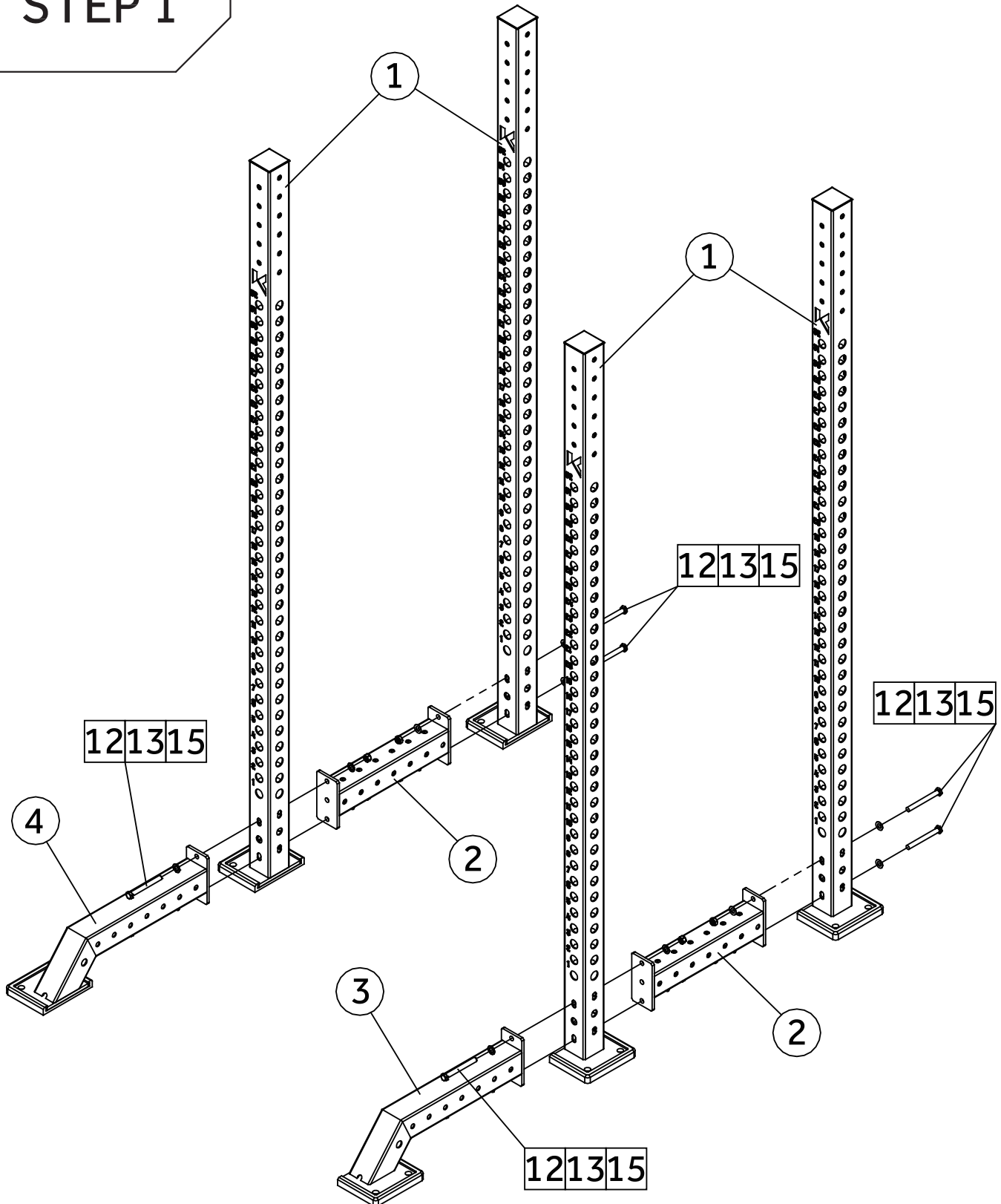
Thank you for choosing our Fitness products, We hope you enjoy using and you get maximum benefit of it.



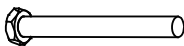
PART LIST

1	226cm Upright Post	2	42cm Crossbar	3	Front Foot Stabiliser (L)	4	Front Foot Stabiliser (R)
							
4 PCS		4 PCS		1 PC		1 PC	
5	Reinforced Crossbar	6	108cm Pull Up Bar	7	30cm Weight Plate Pin	8	20cm Weight Plate Pin
							
1 PC		1 PC		4 PCS		4 PCS	
9	Standard J-Hook (L)	10	Standard J-Hook (R)	11	M12*25 Bolt	12	M12*110 Bolt
							
1 PC		1 PC		8 PCS		24 PCS	
13	M12 Washer	14	M12 Big Washer	15	M12 Nut		
							
48 PCS		8 PCS		24 PCS			

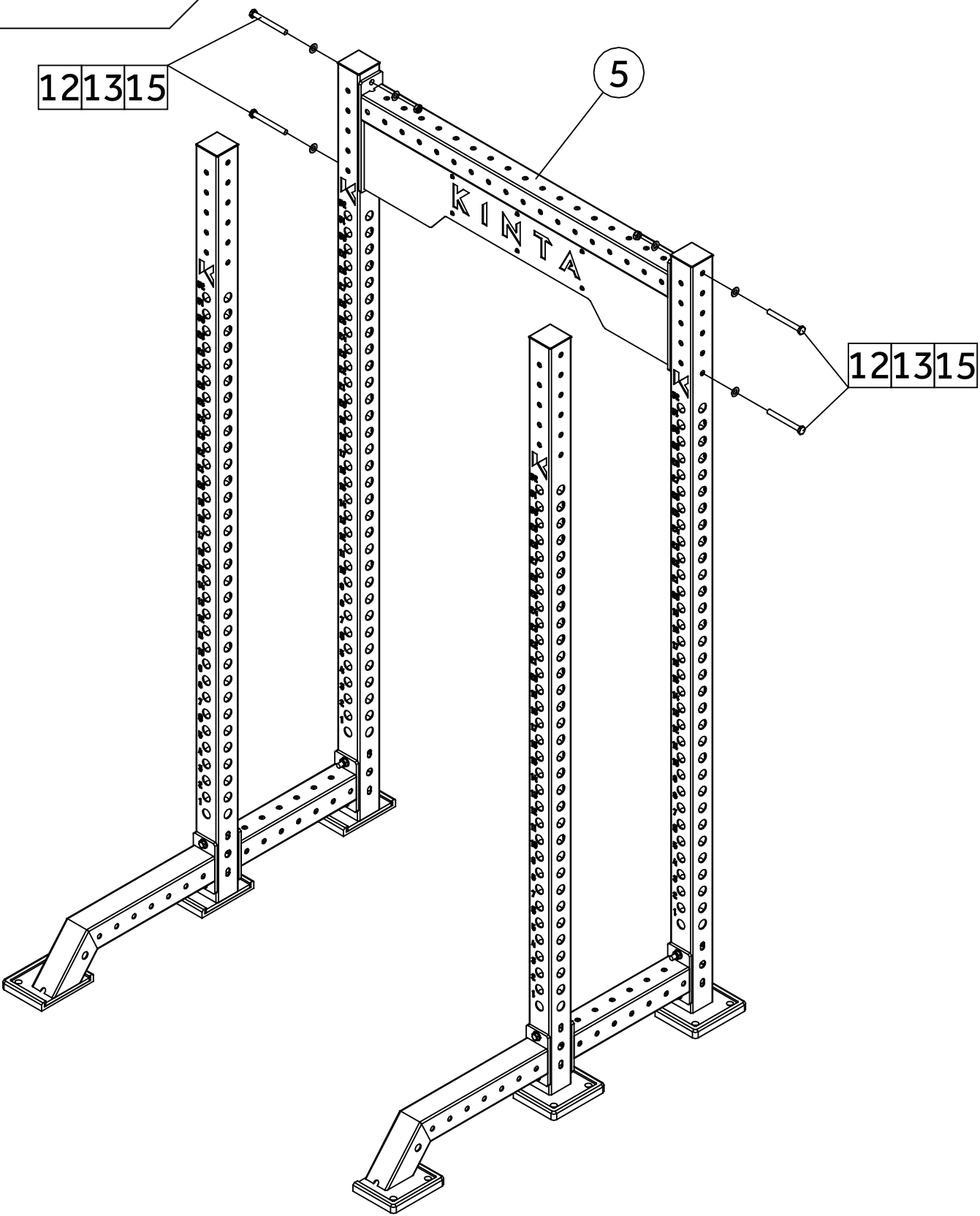
STEP 1



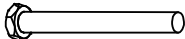
1#	226cm Upright Post	Qty:4
2#	42cm Crossbar	Qty:2
3#	Front Foot Stabiliser (L)	Qty:1
4#	Front Foot Stabiliser (R)	Qty:1

12#		M12*110	Qty:8
13#		12	Qty:16
15#		M12	Qty:8

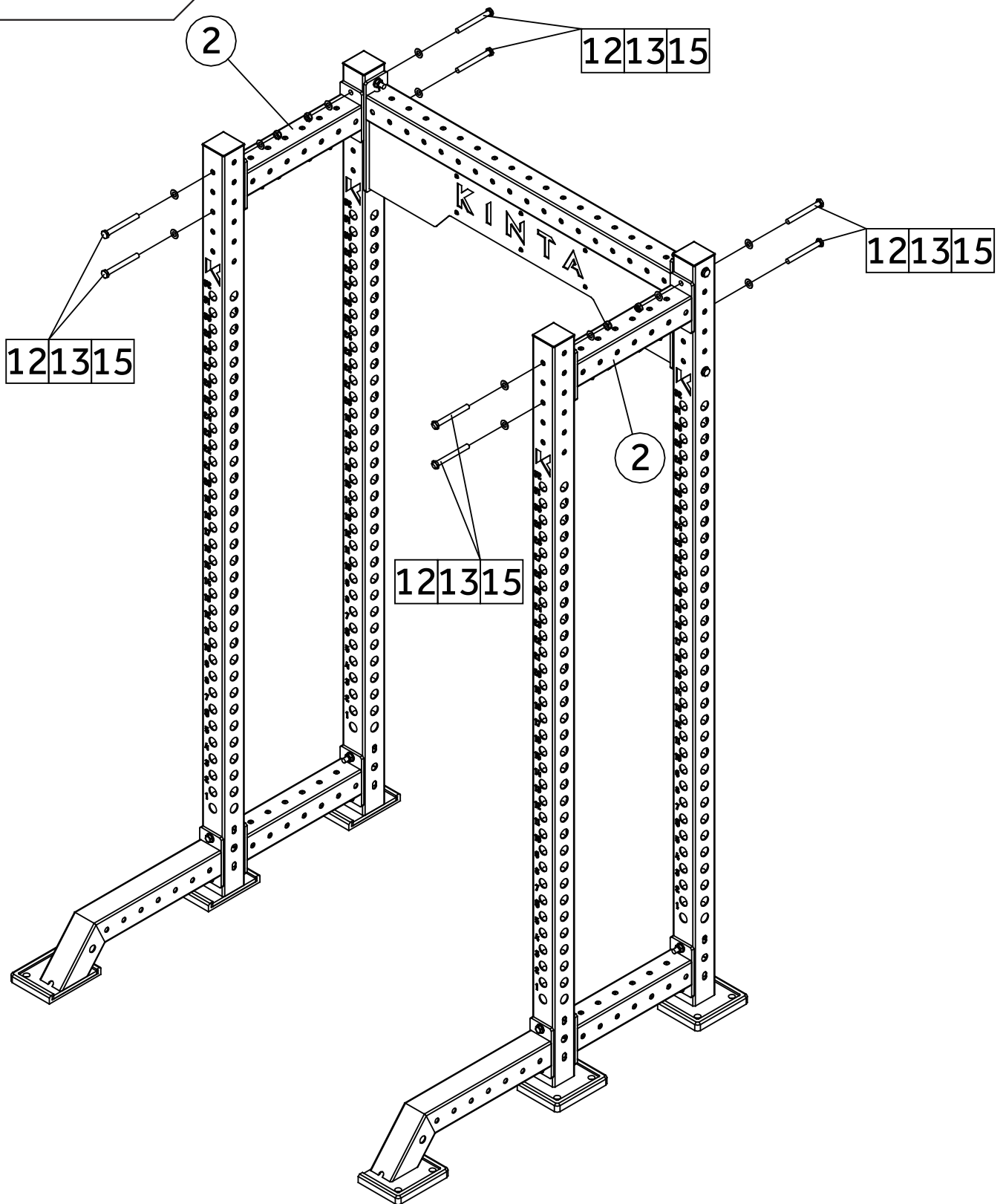
STEP 2



5#	Reinforced Crossbar	Qty:1
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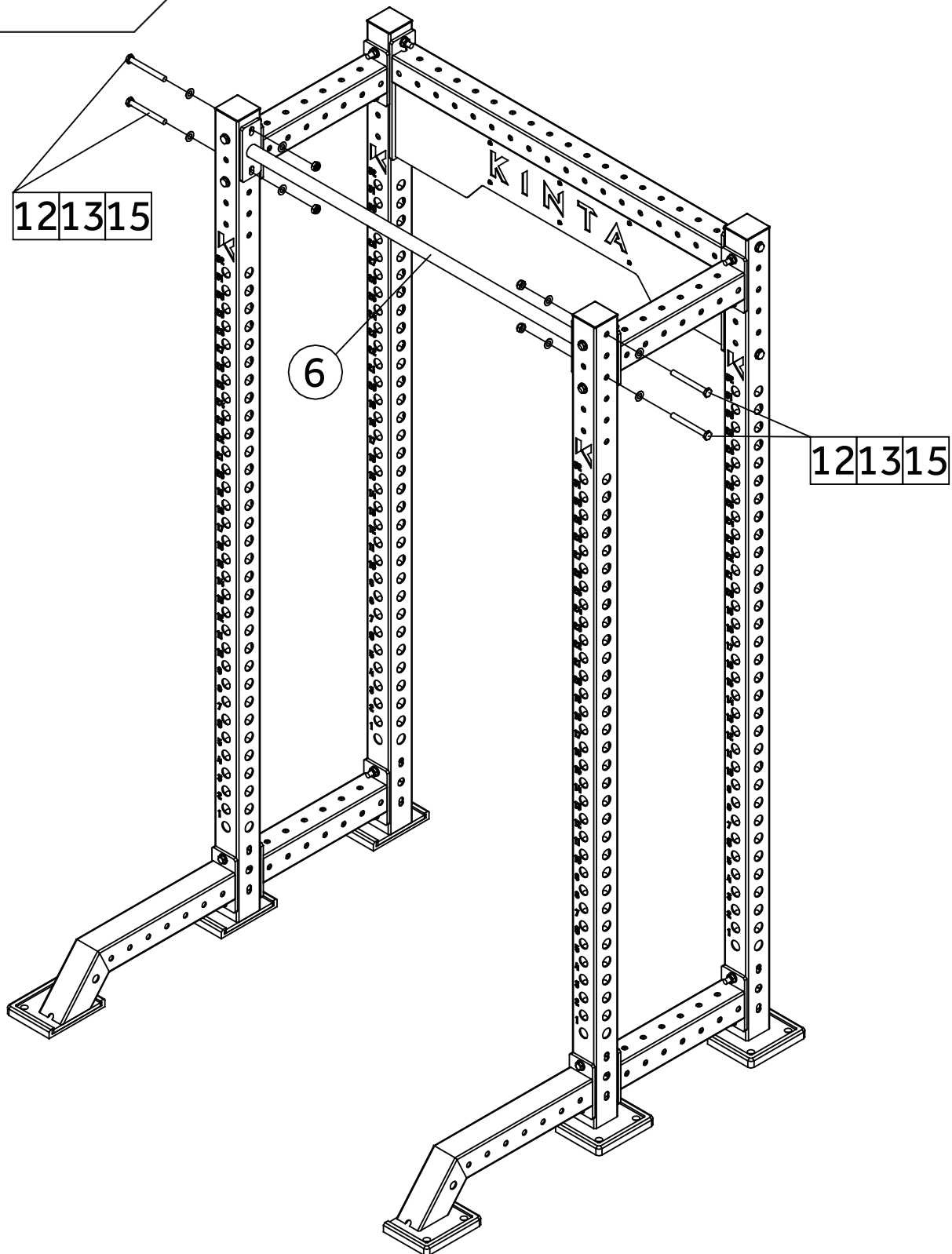
12#		M12*110	Qty:4
13#		12	Qty:8
15#		M12	Qty:4

STEP 3

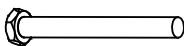


2#	42cm Crossbar	Qty:2	12#		M12*110	Qty:8
			13#		12	Qty:16
			15#		M12	Qty:8

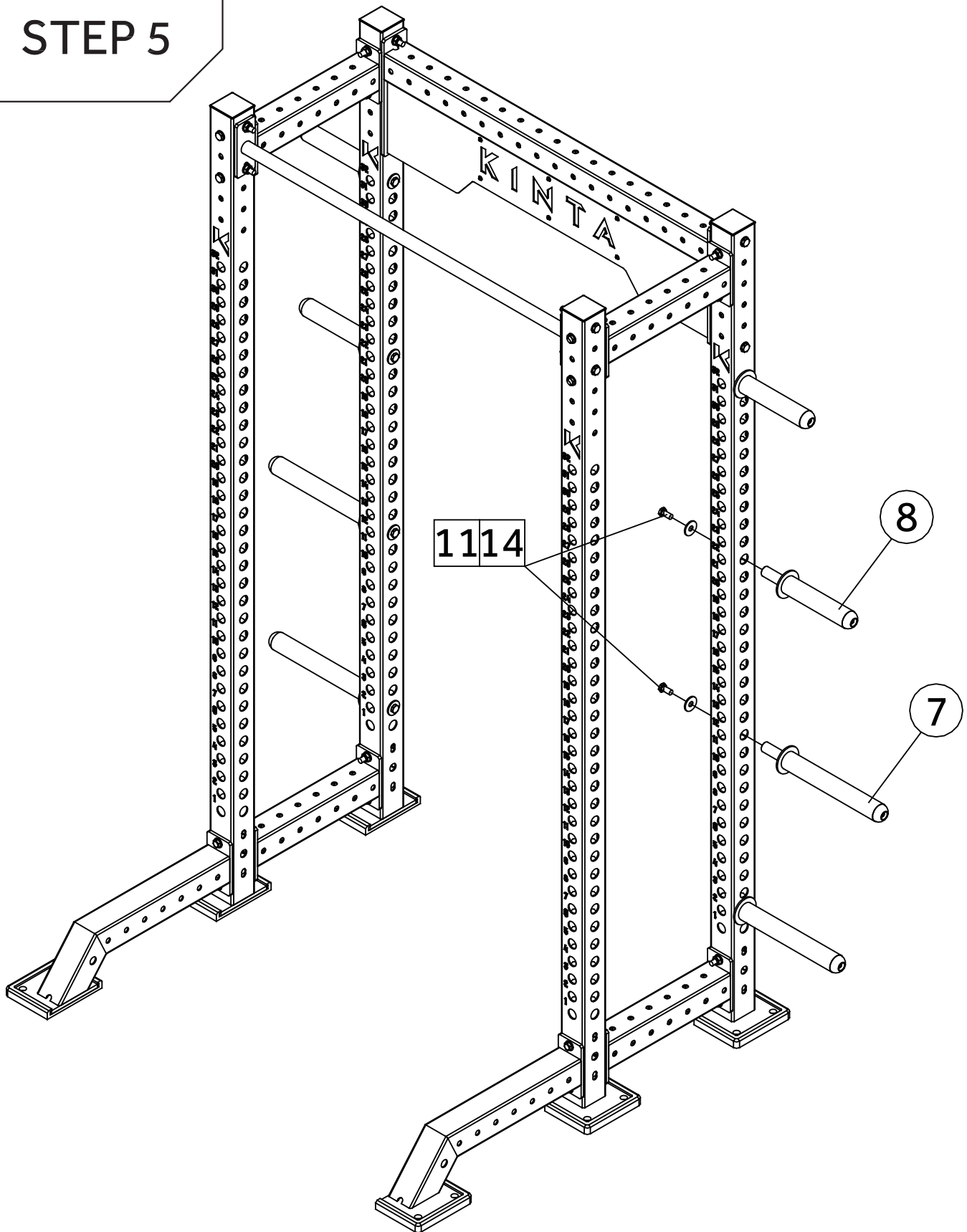
STEP 4



6#	108cm Pull Up Bar	Qty:1
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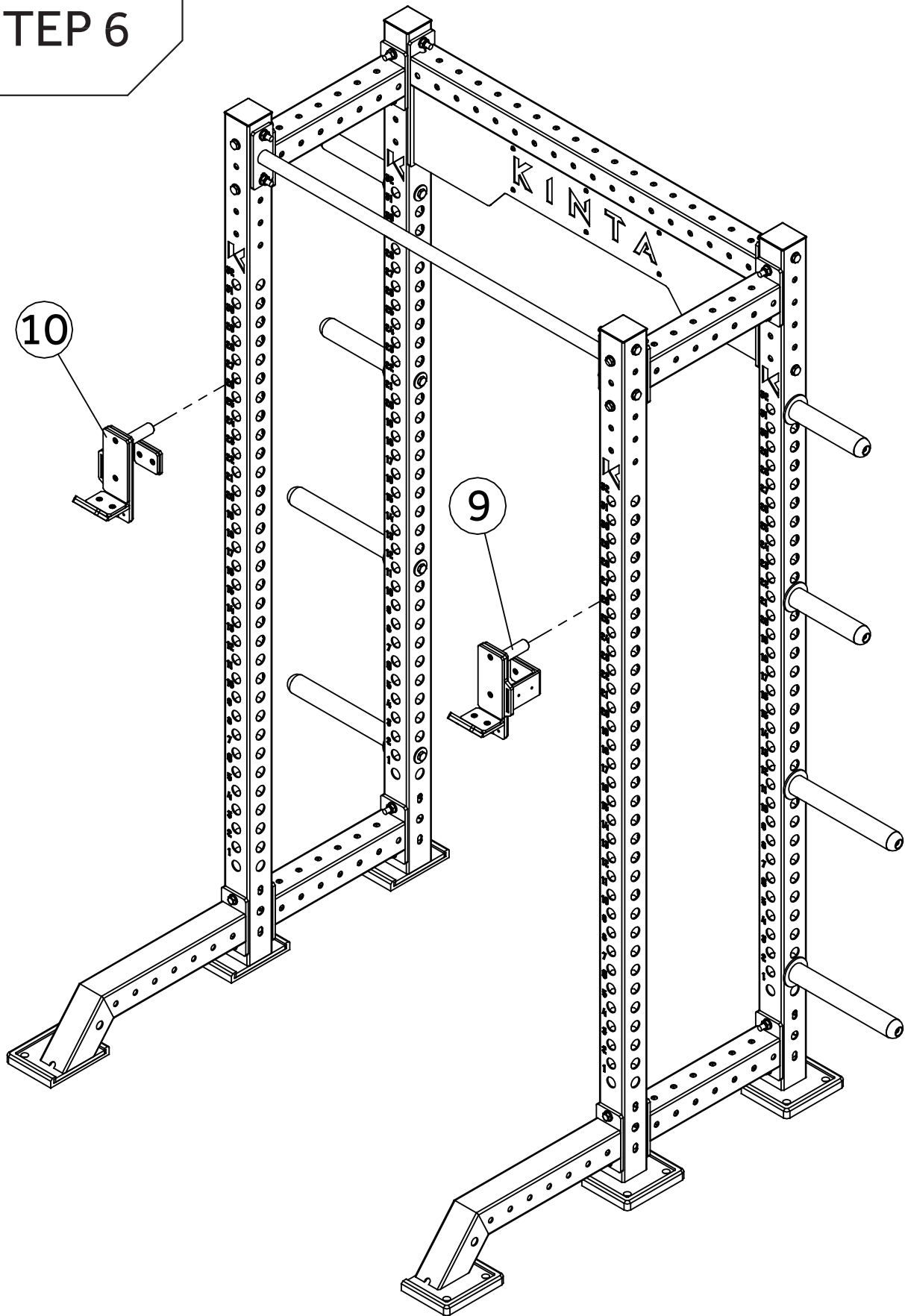
12#		M12*110	Qty:4
13#		12	Qty:8
15#		M12	Qty:4

STEP 5



7#	30cm Weight Plate Pin	Qty:4	11#		M12*25	Qty:8
8#	20cm Weight Plate Pin	Qty:4	14#		Big 12	Qty:8

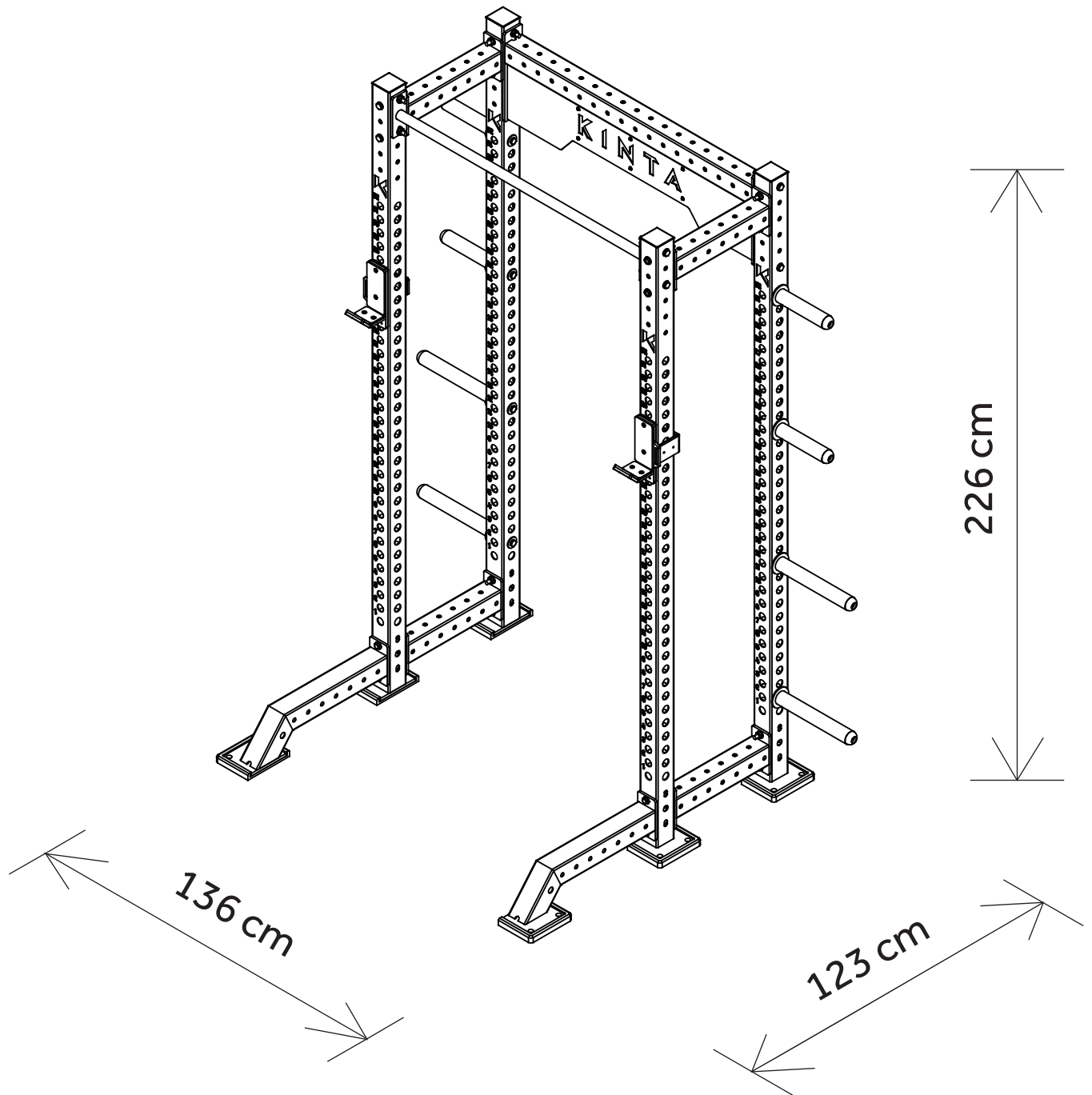
STEP 6



9#	Standard J-Hook (L)	Qty:1
10#	Standard J-Hook (R)	Qty:1

KINTA®

Dimension



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Priding ourselves on quality, reliability, and outstanding customer service.